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TENNESSEE COUNCIL  
on developmental disabilities

[tn.gov/cdd](http://tn.gov/cdd)



[tn.gov/didd](http://tn.gov/didd)



## GENERAL DISABILITY RESOURCES

### TN DEVELOPMENTAL DISABILITIES NETWORK

**TN Council on Developmental Disabilities**  
Independent office in state government that works to ensure Tennesseans with developmental disabilities are independent, productive, and included in their communities.  
[tn.gov/cdd](http://tn.gov/cdd) | (615) 532-6615

### Disability Rights TN

Works to ensure full access to inclusive educational programs, financial entitlements, healthcare, accessible housing, transportation, and productive employment opportunities; also conducts investigations of abuse and neglect.  
[dlactn.org](http://dlactn.org) | (800) 342-1660

### Vanderbilt Kennedy Center for Excellence in Developmental Disabilities

Facilitates discoveries and best practices that make positive differences in the lives of persons with developmental disabilities and their families.  
[vkc.mc.vanderbilt.edu](http://vkc.mc.vanderbilt.edu) | (615) 322-8240

### Boling Center for Excellence in Developmental Disabilities

Supports children and adults with developmental disabilities and their families through training, service, applied research, information dissemination, planning, and policy development.  
[uthsc.edu](http://uthsc.edu) | (888) 572-2249

### STATE AGENCY DISABILITY SERVICES

#### Dept. of Intellectual & Developmental Disabilities

Supports Tennesseans with intellectual and developmental disabilities to live fulfilling and rewarding lives and oversees home and community-based services to those eligible for Medicaid waiver services.  
[tn.gov/didd](http://tn.gov/didd) | (615) 532-6530

**Dept. of Education, Special Education**  
Oversees special education services in the state's public schools.  
[tn.gov/education/speced](http://tn.gov/education/speced) | (888) 212-3162

**Dept. of Human Services, Division of Vocational Rehabilitation Services**  
Provides services to help individuals with disabilities enter or return to employment.  
[tn.gov/humanserv/rehab/vrs.html](http://tn.gov/humanserv/rehab/vrs.html)  
(615) 313-4891 | TTY (615) 313-5695

### Dept. of Mental Health & Substance Abuse Services

Toll-free statewide phone number to call for mental health and substance use crisis services, and other related mental health resources including lists of local providers.  
[tn.gov/mental/](http://tn.gov/mental/) | 1 (855) CRISIS 1

**TennCare: TN Health Connection**  
[tn.gov/tenncare/](http://tn.gov/tenncare/); 1 (855) 259-0701

### INFORMATION & REFERRAL

#### TN Disability Pathfinder

Provides individuals, families and agencies with information about disability services and resources in Tennessee.  
[familypathfinder.org](http://familypathfinder.org) | (800) 640-4636

#### Camino Seguro

Bilingual online database of information about services and programs.  
[uthsc.edu/bcdd/](http://uthsc.edu/bcdd/) | (901) 448-8391

#### 2-1-1 Tennessee

General community services helpline.  
[tn211.mycommunitypt.com](http://tn211.mycommunitypt.com) | 2-1-1



STRATEGIES TO  
**SUPPORT REAL LIVES**  
CONNECTING TO RESOURCES IN TENNESSEE

## HEALTHY LIVING

### MEDICAL & DENTAL CARE

#### Special Olympics Healthy Athletes

Provides health services and education to Special Olympics athletes and training for health professionals.

[specialolympicstn.org](http://specialolympicstn.org) | (800) 383-8502

#### Orange Grove Developmental Center

Offers specialized dental services to people with intellectual and developmental disabilities and training for dental professionals.

[orangegrovecenter.org](http://orangegrovecenter.org) | (423) 493-2934

#### TennCare/TENNderCare

Provides check-ups and health care services for adults who have TennCare, Tennessee's Medicaid program. TENNderCare provides check-ups, health and dental services for children whose families qualify for Medicaid.

[tn.gov/tenncare](http://tn.gov/tenncare) | (855) 418-1622

### HEALTH INSURANCE ASSISTANCE & ADVOCACY

#### TennCare Advocacy program

Assists TennCare applicants and members with TennCare eligibility and covered services issues.

[tenncareadvocacy.com](http://tenncareadvocacy.com) | (800) 758-1638

#### TN Health Care Campaign

Helps individuals understand health care policies and enrollment, benefits, and processes for filing medical grievances.

[thcc2.org](http://thcc2.org) | (615) 227-7500

#### TN Justice Center

Helps low-income families obtain essential health care, family assistance and food aid.

[tnjustice.org](http://tnjustice.org) | (877) 608-1009

### NUTRITION & FITNESS

#### Project HEALTH/Sports 4 All

Provides free health and wellness community classes for people with disabilities.

[s4af.org](http://s4af.org) | (615) 354-6454

#### Supplemental Nutritional Assistance Program (SNAP, or food stamp benefits)

Provides nutritional assistance benefits to children and families, the elderly, unemployed and working families, and people with disabilities.

[tn.gov/foodstamps](http://tn.gov/foodstamps) | (866) 311-4287

#### Women & Infant Children (WIC)

Provides nutrition education, supplemental food, breastfeeding promotion and support, and referrals for health care to low-income women and children until the age of five.

[health.state.tn.us/wic/](http://health.state.tn.us/wic/) | (800) 342-5942

### MENTAL HEALTH

#### Dept of Mental Health & Substance Abuse Services

Toll-free statewide phone number to call for mental health and substance use crisis services, and other related mental health resources including lists of local providers.

[tn.gov/mental/](http://tn.gov/mental/) | 1 (855) CRISIS 1

#### NAMI TN (National Alliance on Mental Illness)

Grassroots organization providing education, advocacy and support to people with mental illness, their families and community members.

[namitn.org](http://namitn.org) | (800) 467-3589

## COMMUNITY LIVING

#### TN Housing Development Agency

Provides mortgage assistance to eligible homeowners, assistance with purchasing a home for low-income individuals, and a variety of other housing resources, including issues with disability discrimination.

[thda.org](http://thda.org) | (800) 228-8432

#### TN Human Resource Agencies

Provides financial support, job training, transportation, nutritional services, and other social services.

[ideliverhope.com](http://ideliverhope.com)

#### SmartCommute TN

[tdot.state.tn.us/smartcommute](http://tdot.state.tn.us/smartcommute) | (615) 741-2848

### REGIONAL TRANSPORTATION HELP

- **Chattanooga Area Regional Transportation Authority Care-A-Van** (423) 698-9038
- **Coordinated Human Resources Transportation, RTA** (615) 862-8833
- **Memphis Area Transit Authority Plus** (901) 722-7140
- **Nashville AccessRide** (615) 880-3970
- **Volunteer Assisted Transportation, Knoxville** (865) 673-5001

## EMPLOYMENT

#### Benefits to Work Program

Provides information about common questions about work including health care coverage, Social Security and other benefits.

[tn Disability.org](http://tn Disability.org) | (888) 839-5333

#### JOBS4TN Online (website)

Provides employment tools for job seekers.

[tn.gov/labor-wfd](http://tn.gov/labor-wfd) | (615) 253-8920

#### TN Career Centers

Connects employers with workers and job seekers can get help and career information.

[tennessee.gov/labor-wfd/cc/](http://tennessee.gov/labor-wfd/cc/) | (615) 741-6642

#### TN Technology Centers

Provides technical skills and professional training

[tbr.edu](http://tbr.edu)

#### TennesseeWorks

Promotes equal access to employment for people with intellectual and developmental disabilities and offers an online database of resources for families, job seekers, employers and employment professionals.

[tennesseeworks.org](http://tennesseeworks.org) | (615) 936-8852

#### Vocational Rehabilitation

Provides services to help individuals with disabilities enter or return to work.

[tennessee.gov/humanserv/rehab/vrs.html](http://tennessee.gov/humanserv/rehab/vrs.html) | (615) 313-4891

## EDUCATION

#### Dept. of Education, Special Education

Oversees special education services in the state's public schools.

[tn.gov/education/speced](http://tn.gov/education/speced) | (888) 212-3162

#### Head Start

Promotes the school readiness of children birth to five from low-income families by enhancing their cognitive, social, and emotional development.

[tnheadstart.org](http://tnheadstart.org) | (615) 741-5158

#### TN Early Intervention System

Voluntary educational program for families with children birth through age two with disabilities or developmental delays.

[tn.gov/education/teis/](http://tn.gov/education/teis/) | (800) 852-7157

#### Support & Training for Exceptional Parents (STEP)

Free information, advocacy training, and support services to parents of children receiving special education services, including training on IEPs and students' rights.

[tnstep.org](http://tnstep.org) | (800) 280-7837

#### The Arc TN's Secondary Transition Project

Helps families and students understand the transition process from school to adulthood and provides resources to help, including transition toolkits created by The Arc.

[thearctn.org/Transitions.php](http://thearctn.org/Transitions.php) | (800) 835-7077

#### TN Alliance for Postsecondary Opportunities for Students With Intellectual Disabilities

Promotes awareness of programs on college campuses for students with intellectual disabilities.

[vk.mc.vanderbilt.edu/PSEAlliance/](http://vk.mc.vanderbilt.edu/PSEAlliance/)

## ADVOCACY

#### The Arc TN

Advocates for the rights and full participation of all people with intellectual and/or developmental disabilities.

[thearctn.org](http://thearctn.org) | (800) 835-7077

#### Disability Rights TN

Services include investigations of abuse and neglect and individual or class action litigation.

[dlactn.org](http://dlactn.org) | (800) 342-1660

#### Family Voices of TN

Assists families as they navigate public and private health systems and insurance plans (including TennCare and commercial plans), and more.

[tn Disability.org](http://tn Disability.org) | (888) 643-7811

#### Partners in Policymaking™ Program, TN Council on Developmental Disabilities

Leadership training and advocacy program for adults with disabilities and family members of individuals with disabilities.

[tn.gov/cdd](http://tn.gov/cdd) | (615) 532-6615

#### TN Disability Coalition

Programs include Project BRAIN, Benefits to Work, Disability Action Network, and Family Voices of TN.

[tn Disability.org](http://tn Disability.org) | (888) 643-7811

#### TN Human Rights Commission

Prohibits discrimination in housing, employment, and public accommodation.

[tn.gov/humanrights/](http://tn.gov/humanrights/) | (800) 251-3589

## ARTS & RECREATION

#### ABLE Youth

Provides opportunities for youth who use wheelchairs to learn independence, skills, and sports.

[ableyouth.org](http://ableyouth.org) | (615) 973-5372

#### Special Olympics TN

Provides sports training, athletic competition and opportunities to develop physical fitness.

[specialolympicstn.org](http://specialolympicstn.org) | (800) 383-8502

#### TN Association of Blind Athletes

Provides physical fitness and sports recreation opportunities for blind and visually impaired individuals.

[tnaba.org](http://tnaba.org) | (615) 544-5222

#### TN Arts Commission

Promotes the presentation of performing, visual and literary arts. Arts Access program promotes the opportunities to engage in the arts to underserved populations, including people with disabilities.

[tn.gov/arts](http://tn.gov/arts) | (800) 848-0299

#### VSA TN

Provides opportunities for people with disabilities to participate in, learn through and enjoy the arts.

[vsatn.org](http://vsatn.org) | (615) 210-8819

## INDEPENDENT LIVING

#### Centers for Independent Living

Promote self-advocacy, independent living skills; provides skills training, educational and social opportunities;

[virtualcil.net](http://virtualcil.net) | (615) 292-5803

#### TN Technology Access Programs

Promotes access to, and acquisition of, assistive technology devices and services.

[tn.gov/humanserv/rehab/ttap.html](http://tn.gov/humanserv/rehab/ttap.html) (800) 732-5059

## SUPPORT FOR FAMILIES

#### Family Support Program, Dept of Intellectual & Developmental Disabilities

Supports families of children and adults with severe disabilities living at home or adults with severe disabilities not supported by other residential programs funded by state or federal funds.

[tn.gov/didd/family\\_support/](http://tn.gov/didd/family_support/) | (800) 654-4839

#### Supported Parenting | UT Boling Center, Memphis

Provides training and support for parents who have intellectual disabilities.

[uthsc.edu/bcdd/services/programs/supported.php](http://uthsc.edu/bcdd/services/programs/supported.php) | (901) 448-6670

#### TN Respite Coalition

[tnrespite.org](http://tnrespite.org) | (888) 579-3754

#### KidCentral, TN Children's Cabinet

One-stop shop for resources on parenting and child development.

#### Area Agencies on Aging & Disability

Provides programs and services for older adults, as well as those with physical disabilities.

[tn.gov/comaging/localarea.html](http://tn.gov/comaging/localarea.html) | (615) 741-2056

#### TN Voices for Children

Statewide source of referral, support, and advocacy for families with children with behavioral or emotional health issues.

[tnvoices.org](http://tnvoices.org) | (800) 670-9882

#### TABS (TN Adult Brothers & Sisters)

Support and networking group for adult siblings of individuals with disabilities.

[kc.vanderbilt.edu/tabs](http://kc.vanderbilt.edu/tabs) | (615) 322-8240

#### SibShops

For brothers and sisters of children with special health and developmental needs.

**Contact TN Disability Pathfinder to find local SibShop opportunities.**

#### TN Allies in Self-Advocacy

Enhances self-advocacy efforts among people with disabilities.

[vk.mc.vanderbilt.edu/tasa/](http://vk.mc.vanderbilt.edu/tasa/) | (615) 875-5082

## DISABILITY-SPECIFIC SUPPORTS & SERVICES

#### Treatment & Research Institute for Autism Spectrum Disorders (TRIAD)

[triad.vanderbilt.edu](http://triad.vanderbilt.edu) | (615) 936-1705

#### Vanderbilt Autism Resource Line

[kc.vanderbilt.edu/triad/vanderbiltautismline](http://kc.vanderbilt.edu/triad/vanderbiltautismline) (615) 322-7565

#### Dept. of Human Services, Disability Services

[tn.gov/humanserv/Disability.html](http://tn.gov/humanserv/Disability.html)

- **Blind & Visually-Impaired:** (800) 628-7818
- **Deaf & Hard of Hearing:** (615) 313-4700
- **Deaf/Blind:** (615) 313-4914

#### TN Council of the Blind

[acb.org/tennessee](http://acb.org/tennessee) | (615) 356-4940

#### National Federation of the Blind of TN

[nfb-tn.org](http://nfb-tn.org) | (615) 412-9632

#### TN School for the Blind

[tsbtigers.org](http://tsbtigers.org) | (615) 231-7300

#### TN School for the Deaf

[tsdeaf.org](http://tsdeaf.org) | (865) 579-2452

#### Tennessee Deaf-Blind Project

[treds-deafblindproject.com](http://treds-deafblindproject.com) | (615) 322-3000

#### United Cerebral Palsy of Middle TN

[ucpomidtn.org](http://ucpomidtn.org) | (615) 242-4091

#### Livitup, Inc.

[ucpmemphis.org](http://ucpmemphis.org) | (901) 761-4277

#### Cerebral Palsy Center, Knoxville

[cpcenter.org](http://cpcenter.org) | (865) 523-0491

#### Brain Injury Association of TN

[braininjurytn.org](http://braininjurytn.org) | (615) 248-2541

#### Project BRAIN

[tn Disability.org](http://tn Disability.org) | (615) 383-9442

#### TN Traumatic Brain Injury Program

[health.tn.gov/TBI/](http://health.tn.gov/TBI/) | (800) 882-0611

#### Epilepsy Foundation of Middle & West TN

[epilepsytn.org](http://epilepsytn.org) | (800) 244-0768

#### Epilepsy Foundation of East TN

[efeasttn.org](http://efeasttn.org) | (800) 951-4991

