



Covid-19 Resources for Staff

- **DCS guidance on Covid-19**- visit tn.gov/dcs/covid-19 for resources for staff, providers, and foster parents including FAQs and the TN DCS Family Resource Guide.
- **Covid-19 Emotional Support Line for Frontline workers**- This phone number provides immediate and live emotional support system for front-line workers in Tennessee impacted by COVID-19. Once you call in, you will hear an automated recording describing the service and will be connected to a live volunteer. Please call: **888-MHART-TN (888-642-7886)** from 6 a.m. - 10 p.m. (CT), 7 a.m. - 11 p.m. (ET)
- **Optum Employee Assistance Program** - Optum provides many supportive resources to State Employees including: *Behavioral Health Services* now offering *Virtual Visits*; *TalkSpace* (an app providing therapeutic services 24/7); and premium membership for *Sanvello* (on-demand help with stress, anxiety, and depression). Visit here4tn.com or call **855.437.3486** for more information.
- **Tennessee State Employee Association (TSEA)**- Information, FAQs, and resources can be found on the TSEA website at: tseasonline.org/helpful-coronavirus-links-for-state-and-higher-ed-employees
- **COVID.EmployeeInfo@tn.gov** is an email dedicated specifically to address state employees' *work-specific* COVID-19 exposure questions.
- Personal, non-work-related questions regarding Covid-19 should can be directed to a healthcare provider or the **Tennessee Department of Health** COVID-19 public information number **877-857-2945**.
- Visit tn.gov/governor/covid-19.html for **Tennessee Covid-19 Resources** and information.