Here 4 TN
Support For Your Life

Behavioral Health Services

Behavioral Health Services include treatment or care received on an inpatient or outpatient basis, either in a hospital, an alternate facility or in a provider's office. All services must be clinically necessary, provided by or under the direction of a qualified behavioral health provider, and meet the definition of a covered health service as defined by the State of Tennessee Medical plan documents.

Benefits include the following levels of care:

- Inpatient treatment
- Residential treatment
- Partial hospitalization/day treatment
- Intensive outpatient treatment
- Outpatient treatment

Services include the following:

- Diagnostic evaluations, assessment and treatment planning
- Treatment and/or procedures
- Medication management and other associated treatments
- Individual, family and group therapy
- Provider-based case management services
- Crisis intervention

Prior authorization is required for the following services:

- Inpatient treatment
- Residential treatment
- Partial hospitalization/day treatment
- Intensive outpatient treatment
- Non routine outpatient services, including:
  - Outpatient electroconvulsive therapy
  - Psychological testing
  - Extended outpatient treatment visits with or without medication management for out of network providers
  - Applied Behavioral Analysis (ABA) for the treatment of autism
  - Transcranial Magnetic Stimulation

The Plan pays benefits for behavioral services for Autism Spectrum Disorder including Intensive Behavioral Therapies such as Applied Behavior Analysis (ABA) that are:

- Focused on the treatment of core deficits of Autism Spectrum Disorder.
- Provided by a Board Certified Applied Behavior Analyst (BCBA) or other qualified provider under the appropriate supervision.
- Focused on treating maladaptive/stereotypic behaviors that are posing danger to self, others and property and impairment in daily functioning.

855-Here4TN (855-437-3486)
www.Here4TN.com

This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. This program is not a substitute for a doctor's or professional's care. This program and its components may not be available in all states and coverage exclusions may apply.

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