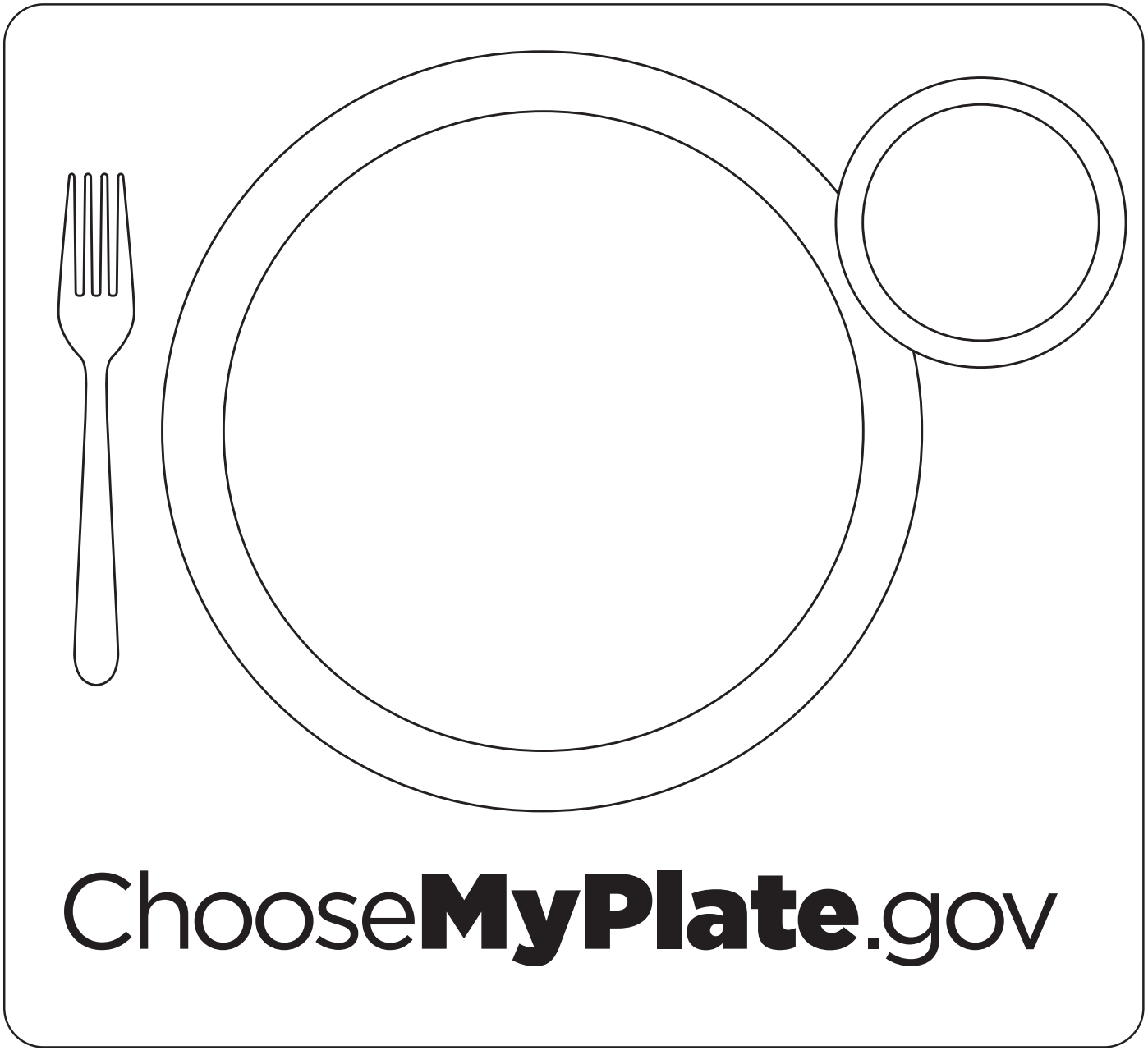
eat right. Academy of Nutrition and Dietetics

Draw Your Healthy MyPlate Meal



My name is _____.

USDA Center for Nutrition Policy and Promotion