

Fast Facts					
	TN number	Percent	Time period	Notes	Data sources
FREQUENTLY ASKED QUESTIONS					
Number of people receiving publicly-funded behavioral health services (mental health and substance abuse)	403,288	N/A	FY2019	Includes clients served by the TN mental health system (TennCare, Crisis Services, BHSN, private psychiatric hospitals that contract with TDMHSAS and state psychiatric hospitals; n=360,913), and duplicated admissions to substance abuse treatment and recovery (n=42,375). Duplicated between hospital, community and substance abuse treatment services.	2019 CMHS Uniform Reporting System (URS) Output Tables (preliminary numbers); TDMHSAS Customer Focused Government Report FY 2019
Adults, ages 18+	283,624	N/A	FY2019		
Children, ages 0-17	119,664	N/A	FY2019		
Licensed behavioral health providers	986	N/A	10/28/2019	Point in time count as of 10/28/2019	Office of Licensure
Annual department budget	\$ 429,250,100	N/A	FY2020	Regional mental health institute (RMHI) FY2020 Work Program budget	FY2020 Final Work Program Budget
Community budget mental health	\$ 125,153,300	29.16%	FY2020		
Community budget substance abuse services	\$ 120,904,500	28.17%	FY2020		
RMHI budget	\$ 157,281,100	36.64%	FY2020		
Total East Tennessee contracted private psychiatric hospitals budget	\$ 8,281,600	1.93%	FY2020		
Central Office and major maintenance	\$ 25,911,200	6.04%	FY2020		
Total number of contracts	1,131	100%	FY2019		
MH community	300	27%	FY2019	Includes contracts for mental health including individual agreements executed under DGAs and vendor authorizations executed under DAs.	
SAS community	831	73%	FY2019	Includes contracts for substance abuse including individual agreements executed under DGAs and vendor authorizations executed under DAs.	
Total RMHI bed capacity	577	N/A	11/4/2019	Point in time count.	Office of Hospital Services
Total number of RMHI admissions	7,956	N/A	FY2019		
Total East Tennessee contracted discharges	3,302		FY2019	Discharges equate to how many admissions were paid by grant funding.	
Mobile crisis calls received (total)	125,983	N/A	FY2019	Number includes walk-in assessments (children & youth and adults)	Office of Crisis Services and Suicide Prevention Services; Resource Mapping
Face-to-face mobile crisis services (total)	59,734	N/A	FY2019		
Children and youth	11,354	N/A	FY2019		
Adults	48,380	N/A	FY2019		
Adult (ages 18+) admissions to substance abuse treatment and recovery services funded by TDMHSAS Substance Abuse Services	40,888	N/A	FY2019	Number represents (duplicated) admissions to substance abuse treatment and recovery services.	TDMHSAS Customer Focused Government Report FY 2019
Youth (ages 12-17) admissions to substance abuse treatment and recovery services funded by TDMHSAS Substance Abuse Services	1,487	N/A	FY2019	Number represents (duplicated) admissions to substance abuse treatment and recovery services.	TDMHSAS Customer Focused Government Report FY 2019
POPULATION FACTS					
Tennessee population	6,770,010	100.0%	2018	Estimated number of people who identified their usual residence on July 1, 2018 as being in the state of Tennessee.	US Census population estimates by single year of age, 2018
Adults, ages 18 and older	5,263,790	77.8%	2018		
Children, ages 0-17	1,506,220	22.2%	2018		
BUDGET AND POSITIONS					
Department positions	1,858		FY2020	FY2020 Final Work Program Budget	
Central Office (FTEs)	186		FY2020		
RMHI (FTEs)	1,672		FY2020		
Annual department budget	\$ 429,250,100		FY2020		
State	\$ 289,740,300		FY2020		
Federal	\$ 94,201,500		FY2020		
Other sources	\$ 45,308,300		FY2020		

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SERVICE PROVIDERS					
License categories	23		10/28/2019	Point in time count as of 10/28/2019	Office of Licensure
Licensees	986		10/28/2019	Point in time count as of 10/28/2019.	
Licensed sites	1,689		10/28/2019	Point in time count as of 10/28/2019.	
REGIONAL MENTAL HEALTH INSTITUTES (RMHIs)					
ALL REGIONAL MENTAL HEALTH INSTITUTES					
Total beds overall	577		11/4/2019	Point in time count. MBMHI increased the number of licensed beds from 150 to 165 in October 2016.	Office of Hospital Services
Total RHMI positions overall	1,670		11/4/2019	Point in time count.	FY2020 Final Work Program Budget
Regional mental health institute budget overall	\$ 157,281,100		FY2020		
State appropriation	\$ 117,928,300		FY2020		
Revenue	\$ 39,352,800		FY2020		
Number of admissions	7,956		FY2019	Including forensic and non-forensic population	Office of Hospital Services, Uniform Reporting System (URS), FY2019
Number of discharges	7,985		FY2019	Including forensic and non-forensic population	
30-day readmissions	665	9.11%	FY2019	Excluding forensic population	
180-day readmissions	1,526	20.92%	FY2019	Excluding forensic population	
Average length of stay (ALOS) in days	12.0		FY2019	Acute average length of stay excluding forensic population	
Median length of stay in days	5		FY2019	Median length of stay for all discharges	
RMHI non-admits	3,416	30.63%	FY2019	Individuals referred to a RMHI by an admitting physician that do not meet involuntary commitment criteria	Office of Hospital Services
MEMPHIS MENTAL HEALTH INSTITUTE (Memphis, TN)					
Number of beds	55		11/4/2019	Point in time count.	Office of Hospital Services
Number of positions	186		11/4/2019	Point in time count.	FY2020 Final Work Program Budget
Total budget	\$ 20,938,200		FY2020		
Number of admissions	1,388		FY2019		Office of Hospital Services
WESTERN MENTAL HEALTH INSTITUTE (Bolivar, TN)					
Number of beds	150		11/4/2019	Point in time count.	Office of Hospital Services
Number of positions	443		11/4/2019	Point in time count.	FY2020 Final Work Program Budget
Total budget	\$ 39,717,200		FY2020		
Number of admissions	663		FY2019		Office of Hospital Services
MIDDLE TENNESSEE MENTAL HEALTH INSTITUTE (Nashville, TN)					
Number of beds	207		11/4/2019	30 are devoted to the Forensic Services Program (FSP); 177 for the rest of the facility	Office of Hospital Services
Number of positions	580		11/4/2019	Point in time count.	FY2020 Final Work Program Budget
Total budget	\$ 55,418,200		FY2020	Includes \$1,250,000 supplemental appropriations	
Number of admissions	3,299		FY2019		Office of Hospital Services
MOCCASIN BEND MENTAL HEALTH INSTITUTE (Chattanooga, TN)					
Number of beds	165		11/4/2019	Point in time count.	Office of Hospital Services
Number of positions	461		11/4/2019	Point in time count.	FY2020 Final Work Program Budget
Total budget	\$ 41,207,500		FY2020		
Number of admissions	2,606		FY2019		Office of Hospital Services

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PUBLIC MENTAL HEALTH SYSTEM SERVICE UTILIZATION PER 1,000 POPULATION					
Clients served by TN mental health system, number and rate per 1,000 population	360,913	53.3	FY2019	2018 U.S. rate per 1,000 is 23.00 (58 reporting states)	Uniform Reporting System (URS), FY2019
Community utilization per 1,000 population	344,741	50.9	FY2019	2018 U.S. rate per 1,000 is 22.37 (58 reporting states)	
State hospital utilization per 1,000 population	6,759	1.0	FY2019	2018 U.S. rate per 1,000 is 0.40 (54 reporting states)	
ESTIMATED ADULT MENTAL HEALTH PREVALENCE					
Estimated prevalence of adults, ages 18 and older, having any mental illness in the past year, rounded to the nearest 1,000	1,013,000	19.24%	2018	Any mental illness is defined as having a diagnosable mental or behavioral disorder, other than a developmental or substance use disorder, that met the criteria found in the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV). Estimated number calculated by multiplying the NSDUH percent of ages 18+ with any mental illness by the US Census estimated number of adults ages 18+	SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health (NSDUH), 2016-2017; US Census population estimates by single year of age, 2018
Estimated prevalence of adults, ages 18 and older, having a serious mental illness in the past year, rounded to the nearest 1,000	373,000	7.10%	2018	Serious mental illness is defined as having a diagnosable mental or behavioral disorder, other than a developmental or substance use disorder, that met the criteria found in the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).	National Research Institute (NRI), 2018
ESTIMATED CHILDREN AND YOUTH MENTAL HEALTH PREVALENCE					
Estimated prevalence of Serious Emotional Disturbance (ages 9-17), rounded to the nearest 1,000	100,000	13.0%	2018	Serious Emotional Disturbance (SED) is defined as having a diagnosable behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).	National Research Institute (NRI), 2018
Estimated prevalence of adolescents, ages 12 to 17 years, having a major depressive episode in the past year, rounded to the nearest 1,000	66,000	12.79%	2018	Major depressive episode (MDE) specified by a period of at least 2 weeks with depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. Estimated number calculated by multiplying the NSDUH percent of children ages 12-17 with MDE by the US Census estimated number of children ages 12-17 (513,613)	SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health (NSDUH), 2016-2017; US Census population estimates by single year of age, 2018
BEHAVIORAL HEALTH SAFETY NET (BHSN) SERVICES					
Adults, ages 18 and over, receiving BHSN services	34,450	N/A	FY2019	Data includes unduplicated individuals who were served by the BHSN of TN and had their services retro-billed to their assigned MCO and credited back to the BHSN of TN when enrolled into TennCare. Uninsured, indigent Tennesseans with a mental illness, if eligible, can register with a participating community mental health agency in order to begin receiving key services including assessment, evaluation, diagnostic, and therapeutic intervention, case management, psychiatric medication management, labs related to medication management, peer support, psychosocial rehabilitation, transportation, and pharmacy assistance and coordination.	Behavioral Health Safety Net Database (includes 13th payment)
Top four adult BHSN services by number of units					
Case management units of service provided	266,595	N/A	FY2019	Case management is defined as care coordination for the purpose of linking safety net individuals to clinically indicated services or to benefits that would provide an alternative payer source for these services (1 unit = one 15 minute session).	Behavioral Health Safety Net Database (includes 13th payment)
Psychosocial rehabilitation group units of service provided	101,201	N/A	FY2019	Services that utilize a comprehensive approach (mind, body, and spirit) to work with the whole person for the purposes of improving an individual's functioning, promoting management of illness, and facilitating recovery (1 unit = one 15 minute session).	
Individual psychotherapy units of service provided	78,263	N/A	FY2019	Individual psychotherapy is any intervention, therapy, therapeutic sessions or related counseling provided through interview, supportive psychotherapy, relationship therapy, insight therapy or other forms of intervention (1 unit = 30/45/60 minute session).	
Office visit for evaluation and management units	70,923	N/A	FY2019	Office or other outpatient visit for the evaluation and management of an established patient (1 unit = 5/10/15/25/40 minute session).	

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HOUSING & HOMELESS SERVICES					
Number of individuals who were outreached through the PATH (Projects for Assistance in Transition from Homelessness) program	4,426		FY2019	Outreach means any contact with individuals.	Office of Housing and Homeless Services; Resource Mapping
Individuals (adults) experiencing mental illness or co-occurring disorders who receive short term-financial support for services	5,113		FY2019	Services include rental assistance, utilities, medical support, and other costs associated with living independently and maintaining stable housing provided by the Community Targeted Transitional Support and Inpatient Targeted Transitional Support programs.	
Number of safe, affordable mental health and/or recovery housing opportunities that are created, improved, or preserved for people with a history of mental illness or co-occurring disorders	2,202		FY2019	Information provided by Regional Housing Facilitators and Consumer Housing Specialists supporting the Creating Homes Initiative (CHI).	
CRISIS SERVICES					
Mobile crisis calls received (total)	125,983	N/A	FY2019	Includes children & youth and adults	Office of Crisis Services and Suicide Prevention; Resource Mapping; Fast Facts Dashboard
Individuals receiving face-to-face crisis assessments (total)	79,285	N/A	FY2019	Number includes mobile crisis services resulting in an assessment and walk-in assessments	
Walk-In Center	19,551	N/A	FY2019		
Children and youth	11,354	N/A	FY2019		
Adults	48,380	N/A	FY2019		
Individuals served in the 8 crisis stabilization units (CSUs)	9,864		FY2019		
Individuals served in walk-in centers (attached to the CSUs) who received at least one enhanced service at a WIC	23,261 (including 19,551 face to face assessments)		FY2019	An individual may receive more than one enhancement service at a crisis walk-in center such as: 23-hour observation; assessment by a psychiatric medication prescriber; nursing assessment; other supports and services (i.e. transportation, discharge planning services)	
Individuals receiving respite services	3,018		FY2019		TDMHSAS , Tennessee Web Based Information System, FY2019
Individuals receiving medically monitored crisis detoxification services (MMCDs)	3,635		FY2019	Unappicated individuals receiving services at the medically monitored Detox (III.7-D) level of care through state and federal detox plans (federal, state, state-MMHI)	
MOBILE CRISIS SERVICES FOR CHILDREN AND YOUTH					
Face-to-face mobile crisis services for children and youth	11,354	N/A	FY2019		Office of Crisis Services and Suicide Prevention; Crisis Management System
CHILDREN AND YOUTH RECEIVING MENTAL HEALTH SERVICES					
Children and youth (0-17 years) receiving classroom education and prevention training	59,150	-	FY2019	Classroom education and prevention trainings include mental health awareness, reducing stigma, suicide prevention/resources, violence/bullying prevention. Data includes: Erase the Stigma; Better Attitudes and Skills In Children (B.A.S.I.C.); Violence and Bullying Prevention; Mental Health 101; Youth Screen/Schools & Communities Youth Screen	Division of Mental Health Services; Resource Mapping
Children and youth (0-17 years) receiving early intervention services	4,758	-	FY2019	Data includes Early Intervention & Prevention Program (EIPP); Regional Intervention Program; System of Care Programs; School Based Behavioral Health Liaisons	
Transitional age youth (15-30 years) receiving intervention services	193	-	FY2019	Includes data from First Episode Psychosis Initiative and Healthy Transitions	

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ESTIMATED CO-OCCURRING MENTAL ILLNESS AND SUBSTANCE USE DISORDERS PREVALENCE					
Estimated prevalence of children under age 18 with both a Serious Emotional Disturbance (SED) and a substance use disorder, rounded to nearest 1,000	2,000	1.7%	2018	Estimated number calculated by multiplying the URS percent of children under age 18 served with both substance use disorder and a Serious Emotional Disturbance (SED), by the NRI estimated number of children under age 18 with SED (100,000).	Uniform Reporting System (URS), FY2018; National Research Institute (NRI) 2018
Estimated prevalence of adults, ages 18 and older, with both a Serious Mental Illness (SMI) and a substance use disorder, rounded to nearest 1,000	63,000	17.0%	2018	Estimated number calculated by multiplying the URS percent of adults, ages 18 and older, served with both substance use disorder and a Serious Mental Illness (SMI), by the NRI estimated number of adults ages 18 and older with a SMI (373,000).	
Estimated prevalence of adults, ages 18 and older, with both any mental illness and a substance use disorder, rounded to nearest 1,000	294,000	29.0%	2018	Estimated number calculated by multiplying the URS 2018 percent of adults, ages 18 and older, served with both substance use disorder and any mental illness, by the NSDUH estimated number of adults, age 18 and older, with any mental illness (1,013,000).	Uniform Reporting System (URS) FY2018; SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health (NSDUH), 2016-2017
ESTIMATED ADULT SUBSTANCE USE PREVALENCE					
Estimated prevalence of adults, ages 18 and older, having a substance use disorder in the past year, rounded to the nearest 1,000	365,000	6.94%	2018	Substance Use Disorder (SUD) is defined as meeting criteria for illicit drug or alcohol dependence or abuse. Dependence or abuse is based on definitions found in the 4th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV). Estimated number calculated by multiplying the NSDUH percent of ages 18+ with SUD by the US Census estimated number of adults ages 18+ (5,263,790).	SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health (NSDUH), 2016-2017; US Census population estimates by single year of age, 2018
Estimated prevalence of adults, ages 18 and older, misusing pain relievers in the past year, rounded to the nearest 1,000	224,000	4.25%	2018	Misuse of pain relievers is defined as using prescription pain relievers in away other than directed by a doctor. Does not include over-the-counter use of pain relievers without a doctor's prescription (aspirin, Tylenol, Advil, etc.). Estimated number calculated by multiplying the NSDUH percent of ages 18+ with misusing pain relievers by the US Census estimated number of adults ages 18+ (5,263,790).	
Estimated prevalence of adults, ages 18+, that have opioid use disorder, rounded to the nearest 1,000	61,000	1.15%	2018	Opioid Use Disorder (OUD) includes the misuse of pain relievers and the use of heroin. Prevalence was estimated using NSDUH survey results, underreporting assumptions, and census population data. Estimated number calculated by multiplying the NSDUH percent of ages 18+ with OUD by the US Census estimated number of adults ages 18+ (5,263,790).	
TDMHSAS ADULT SUBSTANCE ABUSE SERVICES: TOP THREE SUBSTANCES REPORTED					
Adult (ages 18+) admissions to substance abuse treatment and recovery services funded by TDMHSAS Substance Abuse Services	40,888	N/A	FY2019	Number represents (duplicated) admissions to substance abuse treatment and recovery services.	TDMHSAS Customer Focused Government Report FY 2019
Any opioid abuse, number served ages 18+	9,913	50.5%	FY2019	Percent is calculated by taking the number of unique adults, ages 18 and older, receiving treatment and recovery services, reporting any use of opioids (or alcohol or marijuana) and dividing it by the total number of unique adults served. Up to three substances can be reported, all substances reported are included. Opioids include prescription opioids and heroin.	TDMHSAS , Tennessee Web Based Information System, FY2019
Any alcohol abuse, number served ages 18+	6,560	33.4%	FY2019		
Any marijuana abuse, number served ages 18+	6,268	31.9%	FY2019		

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TOP THREE TDMHSAS ADULT SUBSTANCE ABUSE SERVICES					
Residential rehabilitation services: number of bed days	167,874	N/A	FY2019	Intense group treatment provided in a residential treatment facility. Clients stay overnight (from 5 to 21 days), participate in group/other treatment activities during the day and must have 5 counseling contacts + 5 lectures/seminars a week. Family members can participate in treatment.	TDMHSAS , Tennessee Web Based Information System, FY2019
Halfway house services: number of bed days	60,194	N/A	FY2019	Group and individual treatment provided in therapeutic, licensed living environment; includes expectation that client will seek/maintain employment or job training in community, participate in at least one counseling contact and one educational lecture per week, work 12 step program with sponsor, and regularly attend 12 step meetings. Clients must agree to participate in random drug screens. Halfway houses are all male or all female.	
Adult intensive outpatient services: hours of services	143,968	N/A	FY2019	Intense group treatment provided 9 - 19 hours/week, with sessions on 3-4 days/week. Education about addiction and recovery counseling is provided. Clients are introduced to the 12 step recovery program and are encouraged to work steps of the program. Family members can participate in treatment. Group size: min. 6 and max. 12 clients. All clients expected to attend 12 step meetings and to have random drug screenings while in treatment.	
ESTIMATED YOUTH SUBSTANCE USE PREVALENCE					
Estimated prevalence of youth, ages 12-17, having a substance use disorder in the past year	20,000	3.86%	2018	Substance Use Disorder (SUD) is defined as meeting criteria for illicit drug or alcohol dependence or abuse. Dependence or abuse is based on definitions found in the 4th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV). Estimated number calculated by multiplying the NSDUH percent of ages 12-17 with SUD by the US Census estimated number of adults ages 12-17 (513,613).	SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health (NSDUH), 2016-2017; US Census population estimates by single year of age, 2018
Estimated prevalence of youth, ages 12-17, misusing pain relievers in the past year	17,000	3.32%	2018	Misuse of pain relievers is defined as using prescription pain relievers in away other than directed by a doctor. Does not include over-the-counter use of pain relievers without a doctor's prescription (aspirin, Tylenol, Advil, etc.). Estimated number calculated by multiplying the NSDUH percent of ages 12-17 with misusing pain relievers by the US Census estimated number of adults ages 12-17 (513,613).	
Estimated prevalence of youth, ages 12-17, that have opioid use disorder	3,000	0.54%	2018	Opioid Use Disorder (OUD) includes the misuse of pain relievers and the use of heroin. Prevalence was estimated using NSDUH survey results, underreporting assumptions, and census population data. Estimated number calculated by multiplying the NSDUH percent of ages 12-17 with OUD by the US Census estimated number of adults ages 12-17 (513,613).	
TDMHSAS YOUTH SUBSTANCE ABUSE SERVICES: TOP THREE SUBSTANCES REPORTED					
Youth (ages 12-17) admissions to substance abuse treatment and recovery services funded by TDMHSAS Substance Abuse Services	1,487	N/A	FY2019	Number represents (duplicated) admissions to substance abuse treatment and recovery services.	TDMHSAS , Tennessee Web Based Information System, FY2019
Any marijuana abuse, number served ages 12-17	622	90.7%	FY2019	Percent is calculated by taking the number of youth, ages 12-17, in treatment and recovery reporting with any use of opioids (or alcohol or marijuana) and dividing it by the total number of adults in treatment and recovery. Up to three substances can be reported, all substances reported are included.	TDMHSAS , Tennessee Web Based Information System, FY2019
Any alcohol abuse, number served ages 12-17	177	25.8%	FY2019		
Any opioid abuse, number served ages 12-17	38	5.5%	FY2019		