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WORKING FOR A HEALTHIER TENNESSEE

March Wellness Council Webinar



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In collaboration with the ParTNers for Health Wellness Program

Today's Agenda

- **Budget Request Update**
- **Nutrition Jeopardy!!**
 - (In recognition of National Nutrition Month)
- **Monthly Handout Topics**
- **Upcoming Dates**
- **Roll Call & New Program Ideas**

Budget Request Update



National Nutrition Month

National Nutrition Month[®] focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits.

 Academy of Nutrition and Dietetics



www.eatright.org

Nutrition Jeopardy Rules

- Each department represents a team.
- You must use the chat feature to respond and make sure you are replying to EVERYONE, not just the host/presenter.
- Person who answers correctly does not pick the next question. We do! 😊
Questions will be asked starting with the 100-point question in the first column. We will move down each column and then move to the next column once all questions have been answered.
- Points will not be subtracted for incorrect answers.
- Bonus points will be awarded to:
 - All departments who participate, but do not win: 10 bonus points
 - 1st Place Winner: 40 bonus points
 - 2nd Place Winner: 30 bonus points
 - 3rd place Winner: 20 bonus points
- Questions??

Let's Play Jeopardy!



Monthly Handout Topics

- National Nutrition Month
- National Humor Month

Upcoming Dates

- National Nutrition Month – March
- Monthly Wellness Council Webinar
 - Thursday, April 4 at 9 a.m. Central
- January - March Point Tracker Due
 - Thursday, March 29th



Roll Call & New Program Ideas



Questions?



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